



# 2024 Newsletter

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**October** marks the start of many seasons: spooky season, pumpkin spice season, cozy season, hoodie season and, of course, decorative pumpkin season. **October** is a beautiful time of year here in Hamden with its colorful backdrop and cooler temperatures you're bound to fall in love with this season. **October 14<sup>th</sup>**, we celebrate **Columbus Day**, a national holiday in many countries and a federal holiday in the United States, which officially celebrates the anniversary of Christopher Columbus's arrival in the Americas. On the 14<sup>th</sup> we also celebrate Indigenous Day which commemorates Native American history, culture and resilience. Finally, **Halloween** is celebrated on Thursday, **October 31<sup>st</sup>**. Children (and some adults) wear their favorite costumes as they trick or treat in their neighborhoods in anticipation of receiving their favorite candies. Are you wondering what the top-rated Halloween Candy Tricker Treater prefer? Well wonder no more, here is the top 10. 1. Reese's Peanut Butter Cups. 2. Sour Patch Kids. 3. Hershey's Nuggets. 4. Hershey's Kisses. 5. Nestle's Crunch. 6. Nerds. 7. Hi-Chews. 8. Snickers. 9. Twix. 10. Butterfinger. Speaking of Halloween, many people enjoy watching scary movies from the classic black and white horror movies to the present-day box office hits. Horror movies have been a popular genre among moviegoers and a staple in Hollywood. They offer a unique blend of suspense, thrills, and terror that can leave audiences on the edge of their seats. However if you enjoy more of the classic Halloween movies, here is a list of the top 10 best Halloween movies: 1. "What We Do in the Shadows" (2014), 2. "Halloween" (1978), 3. "The Nightmare Before Christmas", 4. "It's the Great Pumpkin, Charlie Brown", 5. "The Witches" (1990), 6. "It" (2017), 7. "The Blair Witch Project", 8. "The Exorcist" (1973), 9. "Murder Party" (2007), 10. "Halloween III: Season of the Witch" (1982). Wishing you all the thrills and chills of Halloween night!"



## Resident Reminders

- **October 1<sup>st</sup>** – Pest Control at Hamden Village beginning.
- **October 10<sup>th</sup>** – Senior Health & Wellness Resource Festival, from 11am-2pm., at the Miller Library in the Thorton Wilder Auditorium. Flu Shots provided by East Shore Health District Department. COVID Vaccines provided by Cornell Scott Hill Health.
- **October 14<sup>th</sup>**, Indigenous Day – HHA Office and Community Room Buildings will be closed.
- **October 14<sup>th</sup>-19<sup>th</sup> Restaurant Week.** Download the Hello Hamden App.
- **October 23<sup>rd</sup>** – Pest Control at Mount Carmel and Congregate.
- **October 24<sup>th</sup>** – Pest Control at Morse St. beginning at and Centerville.
- **Town of Hamden October Bulk Pick-Up Does NOT apply to HHA Residents, as our communities are private property.**



HEALTH & WELLNESS COUNCIL  
Hamden Regional Chamber of Commerce  
Present

## SENIOR HEALTH & WELLNESS RESOURCE FESTIVAL

Thursday, October 10, 2024

11am - 2pm

Thornton Wilder Auditorium  
Miller Memorial Library  
2901 Dixwell Avenue, Hamden

Visit with area healthcare professionals who will be displaying their products & services as well as providing important resources and screenings for seniors and caregivers

FLU SHOTS PROVIDED BY:  
East Shore Health District Department

COVID VACCINES PROVIDED BY:  
Cornell Scott Hill Health



For more information call:  
203-288-6431



THE HAMDEN REGIONAL CHAMBER OF COMMERCE PRESENTS

HAMDEN RESTAURANT WEEK



PRESENTED BY



MON. OCTOBER 14 - SAT. OCTOBER 19